

SWEETHEART SOCKS

An Annie original pattern.



A top down sock with heart motifs repeating down the leg, and a solid foot.



Close up of lace hearts.

Materials: Knit Picks Stroll fingering in white. (75% Superwash Merino Wool, 25% Nylon. 231 yards/50 grams). This is the softest and toughest yarn I have ever used for socks. One spool of Woolly nylon, (100% nylon), if you are going to use reinforcement for the heels.

Needles: size 2 and 4 double pointed needles. One stitch marker to mark the beginning of the round. One stitch holder or circular needle (I use an 11" circular needle size 2 that I keep in my sock kit.) to hold the instep stitches. Tapestry needle.

Skill level: intermediate.

Skills needed:

Knitting in the round.

K 2 tog – knit two stitches together as one.

Yo – yarn over needle.

Sl – slip a stitch from one needle onto indicated needle without working.

Pssso – pass one stitch over indicated stitch.

Ssk – slip one stitch without working as if to knit,, slip second stitch in the same manner, then place stitches back onto left needle and knit these two stitches together.

There is one stitch I don't have a name for or how to abbreviate what you are supposed to do. This is how it is worked – ssk in the usual way, then move the resulting stitch back onto the left needle, pass the next stitch over that stitch and off the needle, then pass the original ssk stitch back onto the right needle and continue working the round. This is making three stitches into one leaning to the right.

Gauge: 7 sts to the inch. My 18 st repeat measures 2 1/2" wide. There is a lot of stretch in these socks.

Size: Large adult woman crew sock.

Cuff:

Let me explain that I am diabetic so I have issues with my feet. I don't like a tight cuff. If you prefer a tighter cuff use smaller needles for ribbing.

With size 4 needles, cast on 54 sts, 18 on each needle. Join stitches being sure not to twist stitches. Place a marker between the first and second st on needle one to mark the beginning of the round.

Work in K1, P1 ribbing for 2".

Next round: Change to size 2 needles. K1, slip marker, k to end.

Next round: *K 17, p1, repeat from * around.

Next round: K

You will now begin the lace heart pattern.

Rnd 1 and all uneven rounds: *K 17, p1, repeat from * around.

Rnd 2: *K5, yo, ssk, pass the stitch you just made back onto the left needle and pass the second stitch on the left needle over the ssk, then move the ssk stitch back to right needle, yo, k1, yo, sl 1, k 2 tog, pssso, yo, k5, p1, repeat from * around.

Rnd: 4: *k3, ssk, yo, k3, yo, k2 tog, k2, yo, k2 tog, k3, p1, repeat from * around.

Rnd 6: *k2, ssk, yo, k9, yo, k2 tog, k2, p1, repeat from * around.

Rnd 8: *k3, ssk, yo, k7, yo, k 2 tog, k3, p1, repeat from * around.

Rnd 10: *k4, ssk, yo, k5, yo, k 2 tog, k4, p1, repeat from * around.

Rnd 12: *k5, ssk, yo, k3, yo, k2 tog, k5, p1, repeat from * around.

Rnd 14: *k6, ssk, yo, k1, yo, k2 tog, k6, p1, repeat from * around.

Rnd 16: *k8, yo, k 2 tog, k7, p1, repeat from * around.

Rnd 18: *k17, p1, repeat from * around.

Rnd 19: K.

Repeat these 19 rows once more.

(You will have a column of two hearts on top of each other. If you want a longer or shorter sock, of course, you will need to adjust the number of pattern repeats and the amount of yarn you will need.)

Rnd 20: *k 17, p1, repeat from * around.

Rnd 21: K.

Rnd 22: *k 17, p 1, repeat from * around.

Rnd 23: K.

Rnd 24: *k17, p1, repeat from * around.

Rnd 25: K.

Rnd 26: *k17, p1, repeat from * around.

Now you will be making the heel adjustments. K 1, remove marker, k 21 onto needle one, k remaining 15 sts from needle two, k 12 sts from needle three onto a stitch holder, place remaining 5 sts onto needle one. You should now have 26 sts on a stitch holder for instep. You now have 28 sts on your needle with the heart pattern centered on heel sts.

Now you will work the heel in rows. *If you are using reinforcement, begin here.*

Knit one row.

Row 1: (wrong side) sl 1 as to p, p across.

Row 2: Sl 1 as to knit, *k 1, sl 1 as to p, repeat from * to end.

Repeat these two rows until heel measures 2, 2 ½ or 3".

(I like a deep heel so if you prefer a shorter heel repeat these two rows until heel is as deep as you prefer. This will alter how you work the gusset.) End with a knit row.

You will now be turning the heel using short rows.

Row 1: (wrong side). P16, p 2tog, p1, turn leaving 7 remaining sts unworked.

Row 2: (right side). Sl 1 as of to knit, k6, ssk, k1, turn leaving 8 sts unworked stitch.
(You will work these remaining sts as you work the short rows.)

Row 3: Sl 1 as to p, p 7, p2 tog, p1, turn. Leaving the rest of the sts unworked.

Row 4: Sl 1 as to k, k to within first st before gap. (This is taking one unworked stitch and spanning the gap by slipping the next stitch and then knitting the two stitches together in the usual manner), ssk, k1, turn leave remaining sts.

Row 5: Sl 1 as to p, p to within first st before gap, p 2 tog, turn, leaving remaining sts unworked.

Row 6: Sl 1 as to k, k to within one stitch of the gap, ssk, k1, turn, leaving remaining stitches.

Repeat rows 5 and 6 until all stitches are worked. End with a p row.

Gusset:

You will now be working in the round on all stitches. *(If you are using reinforcement, you can stop here or continue along the lower heel sts. To do this knit first half of the heels sts with the reinforcement, drop the reinforcement, knit across the instep, pick up the reinforcement to knit the remaining heels sts.)*

With right side facing, k the first 7 sts onto free needle, on original needle K 1, place marker, k remaining 6 sts, p u 13 sts along side of heel flap (you may need to alter this number depending on how deep you made the heel). On another free needle k 24 sts from holder for instep, on another free needle, p u the same number of sts as the other side of the heel flap, k first 7 sts of heel flap onto the same needle.

You now have the left half of the heel stitches on needle one, the instep sts on needle two, the right half of the heel stitches on needle three.

You will now decrease the heel gusset:

Round 1: K to the last 3 sts on needle one (the left half of the heel sts), K 2 tog, k1, on needle two, work evenly across 26 sts, on needle three, (the right side of the heel sts), K1, ssk, k to end.

Round 2: K.

Repeat round 1 and 2 until you again have 54 sts.

(You can now stop the reinforcement or continue to reinforce sole. To continue with reinforcement, knit the heel sts with the reinforcement, drop the reinforcement, knit the instep sts, pick up the reinforcement and knit remaining sole sts. When you are finished with the sock you will trim the floats across the instep. This is especially helpful for children's socks.)

Foot: Work even until foot measures about 2" shorter than desired length of sock.

(For me that is about 7 ¾" – 8" – yes, I have big feet, size 9 ½ to 10, and I hate a tight toe.)

Next you will be shaping the toe.

Round 1: On first needle k to last 3 sts, k2 tog, k1, on second needle k1, ssk, k to last 3 sts, K 2 tog, k1. On third needle k 1, ssk, k remaining stitches.

Round 2: K.

Repeat rounds 1 and 2 until you have 30 sts remaining.

Next two rounds: Repeat round 1. you should have 22 sts remaining.

Knit sts from needle one onto needle three, you now have sts evenly divided between 2 needles (12 sts on each needle). Cut yarn leaving a long tail for sewing the toes. Weave toe using Kitchener's stitch.

(I keep these instructions printed out on card stock and keep them in my sock knitting kit.)

Kitchener's stitch:

Hold stitches so the yarn is coming off the back needle.

Insert tapestry needle into the first stitch on the front needle as to purl, leave stitch on needle.

Insert tapestry needle into the first stitch on the back needle as to purl, sl sts off needle.

Insert tapestry needle into the next stitch on the same (back) needle as to knit, leave stitch on needle.

Insert tapestry needle into the first stitch on front needle as to knit, slip stitch off needle.

Insert tapestry needle into the next stitch on the same (front) needle to purl, leave stitch on needle.

Continue as established until all stitches are off the needles. Insert needle into toe and weave the ends to the inside.

Weave in all ends. Trim reinforcement if you used it. Make the second sock.

For those who prefer charts I have made a kind of quirky chart for this heart pattern.

---																			20
																			19
---																			18
																			17
---							/	O											16
																			15
---						/	O		O	\									14
																			13
---					/	O				O	\								12
																			11
---				/	O						O	\							10
																			9
---			/	O								O	\						8
																			7
---		/	O										O	\					6
																			5
---			/	O		/	O					O	\						4
																			3
---					O	//	O		O	//	O								2
																			1

	knit
----	purl
O	yo
//	Ssk, slip st back onto left needle, pass next stitch over ssk, and off the needle, slip st back onto right needle
//	Sl 1, k2 tog, pssso
\	ssk
/	K 2 tog

This is a free pattern from Annie Lewis Marion. This pattern is for your personal, non-commercial use only. You are not allowed to make garments from this pattern for sale anywhere. You are not allowed to mass produce this pattern or garments made from it. Thank you for respecting the designer's intellectual property. Thank you. September 19, 2015.